

## **Histori Korespondensi**

- **Pendaftaran akun ke jurnal: 6 April 2022: [RPD] Journal Registration**
- **Submit Paper: 7 April 2022; [RPD] Submission Acknowledgement**
- **Keputusan Editor: 4 Juli 2022; [RPD] Editor Decision**
- **Submit Revisi: 7 Sept 2022: Revision Submission to RPD**
- **Submit Revisi: 8 September 2022: [RPD] Revision Submission Acknowledgement**
- **Keputusan Editor: 3 Oktober 2022; [RPD] Editor Decision**
- **Permintaan Copyediting: 5 Oktober 2022: [RPD] Copyediting Review Request**
- **Jawaban Copyediting: 6 Oktober 2022: [RPD] Copyediting Acknowledgement**
- **Permintaan Galley Proof: 7 Oktober 2022: [RPD] Galley Proof**
- **Jawaban Galley Proof: 7 Oktober 2022: [RPD] Galley Proof Acknowledgement**

# [RPD] Journal Registration

Inbox

**Editor** <editor@rpd-online.com>

Wed, Apr 6, 2022 at 14:08

To: Dr. Budi Purwoko <budipurwoko@unesa.ac.id>

[<editor@rpd-online.com>](mailto:editor@rpd-online.com)

Dr. Budi Purwoko:

You have now been registered as a user with Revista de Psicología del Deporte (Journal of Sport Psychology). We have included your username and password in this email, which are needed for all work with this journal through its website. At any point, you can ask to be removed from the journal's list of users by contacting me.

Username: budipurwoko

Password: budipurwoko@1234

Editor

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[Revista de Psicología del Deporte](#)

# [RPD] Submission Acknowledgement

Inbox

**Editor** <editor@rpd-online.com>

Thu, Apr 7, 2022 at 14:12

To: Dr. Budi Purwoko <budipurwoko@unesa.ac.id>

[<editor@rpd-online.com>](mailto:editor@rpd-online.com)

Dr. Budi Purwoko:

Thank you for submitting the manuscript, "Low Self-Esteem, Coping Stress, Emotional Regulation, and Coping Stress Significantly Increase Self-Injury in Students" to Revista de Psicología del Deporte (Journal of Sport Psychology). With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site:

Manuscript URL: <https://www.rpd-online.com/index.php/rpd/authorDashboard/submission/698>

Username: budipurwoko

If you have any questions, please contact me.

Thank you for considering this journal as a venue for your work.

Editor

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[Revista de Psicología del Deporte](#)

# [RPD] Editor Decision

Inbox

Editor <editor@rpd-online.com>

Mon, Jul 4, 2022 at 00:44

To: Dr. Budi Purwoko <budipurwoko@unesa.ac.id>

[<editor@rpd-online.com>](mailto:editor@rpd-online.com)

Dr. Budi Purwoko:

We have reached a decision regarding your submission to *Revista de Psicología del Deporte (Journal of Sport Psychology)*, " *Low Self-Esteem, Coping Stress, Emotional Regulation, and Coping Stress Significantly Increase Self-Injury in Students* ".

Our decision is: Revisions Required

Please see the comment of reviewers at the end of the email and submit the revision in a month.

Let me know if you have any questions.

best

Editor

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[Revista de Psicología del Deporte](#)

Comments to Authors

Reviewer - A

The study " *Low Self-Esteem, Coping Stress, Emotional Regulation, and Coping Stress Significantly Increase Self-Injury in Students*" is in accordance with the scope of the journal. However, I have some concerns that, if addressed by the authors, will make this study a valuable contribution to the body of literature.

**Abstract:**

Please restructure the abstract to reflect the study purpose, methods, results, and implications in the sequence.

**Introduction:**

The introduction needs to justify and articulate the focus and questions of this study from the relevant scholarship, policy, and practice perspectives using relevant literature as support. There is a need to explain in detail the Sports activities in educational institutions that support students' mental and physical well-being and help them grow healthy. Researchers should develop research objectives at the end of the introduction in alignment with the study focus.

Also, many claims throughout the manuscript are not supported by sources/references.

Few instances,

**Page 1:** *Performance in sports activities is based on students' perceptions of higher achievement through more robust physical and sports activity*

*Individuals with self-injury have a psychiatric illness. Non-Suicidal Self-Injury (NSSI) is another word for the act of inflicting intentional injury on specific portions of the body to cause tissue damage. Although not suicidal, this behavior deviates from the social norm. Self-injury such as cutting, burning, and self-beating was carried out by 6% of adults and 15% of teenagers. This conduct has been linked to psychopathology, including mood swings, anxiety, eating disorders, and attempted suicide.*

**Page 2:** *Self-compassion has been demonstrated to have a link to a person's psychological adaptive function, reduce anxiety and despair, and improve wisdom and emotional intelligence. Compassion is defined as the feeling of affection we get when we witness someone suffering, which motivates us to strive to comprehend and feel what he is going through, as well as the desire to help, care, and understand. Compassion for oneself is referred to as self-compassion. Self-compassion is characterized by Pommier et al., (2020), and Neff et al., (2021)) has three components: self-kindness, a sense of universal humanity, and mindfulness, as expressed in many Buddhist Master's teachings. According to the findings of Neff's research, a person with high self-compassion is more able to feel comfortable in social situations and accepts himself as he is, as well as increase wisdom and emotional intelligence and trigger better emotional coping skills. Self-injury is caused by a lack of compassion for oneself, humanity, and self-awareness.*

I suggest authors should avoid such claims without references.

I want to see your aims include at the end of your introduction.

## **Methods**

There is a need to elaborate on the research methodology in detail, along with the participant information and the study's mode. How did the authors recruit respondents? What we're including and excluding criteria etc.? It is also good that the authors explain how the data was analyzed.

## **Results and Discussion**

I read all of your results and discussion and I suggest you rearrange them to subheading as:

- Test Analysis requirements
- Self-esteem and Self-Injury Correlations, coefficients of Determination, and Regression Models
- Coping-Stress and Self-Injury Correlations, Coefficients of Determination, and Regression Models.
- Emotional Regulations and Self-Injury Correlation, Coefficients of Determination, and Regression Models
- Self-Compassion and Self-Injury Correlations, Coefficients of Determination, and Regression Models
- Guidance and counseling services for students in schools to prevent self-injury

General comment for results and discussion are:

- Table 1 to Table 17 should be re arrange to their subheading.
- For every section of your results and discussion needs a description of your study aims and a brief summary of the findings as they relate to these aims, followed by a comprehensive summary of how your findings compare and contrast to those of previous researchers (including relevant citations) that I only see a few. This will give the paper greater consistency and structural coherence, leaving readers with a clear sense of the paper's aims and trajectory.
- Also, authors should present conclusion and suggestion with separate headings

- Authors should double-check their citations and match them with the end-text references. Moreover, there is a need to follow the APA 7th edition to record all the references in this study. Also, there is a need to add DOIs for the reference

#### Reviewer - B

The detailed comments regarding each part of the manuscript are given as follows, which may be helpful to the authors to improve their paper.

- a. The Introduction needs to be much more clearly written. The ideas are there, but they need to be explained further, and the ideas need to be more clearly linked together. An in-depth literature review is required to build a hypothesis and clearly understand the main concepts. Most of the references are from 2010 or before; only a couple of 2019 to 2022 studies are referred by the authors. In contrast, there are a lot many studies available regarding the area from 2019-to 2022, which the authors overlook. I suggest authors dig deep into the latest literature to add something valuable to the existing body of literature.
- b. There are many statements and claims and paragraphs without references/citations. I must say there is a dire need to read the latest literature and support the arguments in hypothesis building.
- c. There is a need to explain how the instrument was developed. How many respondents participated in the study? And which research methodology was employed?
- d. Results and Discussion need to be more detailed, and authors should also report the determinant of the coefficient value every table 1 to table 17. The **results and** discussion of the study requires a more explanation of the study findings and should present separate headings for findings.
- e. There are many grammatical issues in the article. Authors are especially confused about where to use and where not to use "articles" and commas, singular or plural, which need to be fixed to make the manuscript more influential.

# Revision Submission to RPD

Inbox

**Dr. Budi Purwoko** <budipurwoko@unesa.ac.id >  
Kepada: editor@rpd-online.com

Wed, Sep 7, 2022 14.04

Dear Editor

Revista de Psicología del Deporte (Journal of Sport Psychology),

I have revised the paper to meet the reviewer comments as shown below. I have uploaded the revision file and response to reviewer comment on the ojs system and also attached here.

Thank you very much and please let me know the next level of the publication process.

Dr. Budi Purwoko

## 2 attachment



**Response to Reviewers.doc**

49K



**Budi\_Purwoko\_Revised.docx**

265K

# [RPD] Revision Submission Acknowledgement

Inbox

**Editor** <editor@rpd-online.com>

Thu, Sep 8, 2022 at 15:33

To: Dr. Budi Purwoko <budipurwoko@unesa.ac.id>

[<editor@rpd-online.com>](mailto:editor@rpd-online.com)

Dr. Budi Purwoko:

Thank you for submitting the manuscript revision, "Low Self-Esteem, Coping Stress, Emotional Regulation, and Coping Stress Significantly Increase Self-Injury in Students" to Revista de Psicología del Deporte (Journal of Sport Psychology). With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site:

Manuscript URL: <https://www.rpd-online.com/index.php/rpd/authorDashboard/submission/698>

Username: budipurwoko

If you have any questions, please contact me. Thank you for considering this journal as a venue for your work.

Editor

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[Revista de Psicología del Deporte](#)

## [RPD] Editor Decision

Inbox

**Editor** <editor@rpd-online.com>

Mon, Oct 3, 2022 at 11:37

To: Dr. Budi Purwoko <budipurwoko@unesa.ac.id>

[<editor@rpd-online.com>](mailto:editor@rpd-online.com)

Dr. Budi Purwoko:

We have reached a decision regarding your submission to Revista de Psicología del Deporte (Journal of Sport Psychology), "Low Self-Esteem, Coping Stress, Emotional Regulation, and Coping Stress Significantly Increase Self-Injury in Students".

Our decision is: Accept Submission

Your paper will be published on Vol. 31 No. 2 (2022). Thank you for considering this journal as a venue for your work.

Editor

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[Revista de Psicología del Deporte](#)

# [RPD] Copyediting Review Request

Inbox

**Editor** <editor@rpd-online.com>

Wed, Oct 5, 2022 at 10:08

To: Dr. Budi Purwoko <budipurwoko@unesa.ac.id>

[<editor@rpd-online.com>](mailto:editor@rpd-online.com)

Dr. Budi Purwoko:

Your submission "Low Self-Esteem, Coping Stress, Emotional Regulation, and Coping Stress Significantly Increase Self-Injury in Students " to Revista de Psicología del Deporte (Journal of Sport Psychology) has been through the first step of copyediting and is available for you to review by following these steps.

1. Click on the Submission URL below.
2. Log into the journal and click on the File that appears in Step 1.
3. Open the downloaded submission.
4. Review the text, including copyediting proposals and Author Queries.
5. Make any copyediting changes that would further improve the text.
6. When completed, upload the file in Step 2.
7. Click on METADATA to check indexing information for completeness and accuracy.
8. Send the COMPLETE email to the editor and copyeditor.

Manuscript URL: <https://www.rpd-online.com/index.php/rpd/authorDashboard/submission/698>

Username: budipurwoko

This is the last opportunity to make substantial copyediting changes to the submission. The proofreading stage, that follows the preparation of the galleys, is restricted to correcting typographical and layout errors.

If you are unable to undertake this work at this time or have any questions, please contact me.

Thank you for your contribution to this journal.

Editor

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[Revista de Psicología del Deporte](#)

## [RPD] Copyediting Acknowledgement

Inbox

**Editor** <editor@rpd-online.com>

Thu, Oct 6, 2022 at 17:24

To: Dr. Budi Purwoko <budipurwoko@unesa.ac.id>

[<editor@rpd-online.com>](mailto:editor@rpd-online.com)

Dr. Budi Purwoko:

Thank you for reviewing the copyediting of your manuscript, " Low Self-Esteem, Coping Stress, Emotional Regulation, and Coping Stress Significantly Increase Self-Injury in Students " to Revista de Psicología del Deporte (Journal of Sport Psychology).

We look forward to sending the galley proof of this work.

Editor

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[Revista de Psicología del Deporte](#)

# [RPD] Galley Proof

Inbox

Editor <editor@rpd-online.com>

Fri, Oct 7, 2022 at 13:17

To: Dr. Budi Purwoko <budipurwoko@unesa.ac.id>

[<editor@rpd-online.com>](mailto:editor@rpd-online.com)

Dr. Budi Purwoko:

Please find attached the manuscript for proof of your paper, which is to be published in the Revista de Psicología del Deporte (Journal of Sport Psychology) in October 2022. Please return the checked galley proofs via e-mail (<editor@rpd-online.com>) or via online submission system within 48 hours of receipt. Late return of galley proofs may mean postponement to a later issue. This step is entirely the responsibility of the corresponding author. Proofreading is your responsibility, and although the Editor may also make corrections, editorial office will not be able to proofread the paper after it has been returned and will not assume responsibility for any errors that you have failed to correct in the proofs.

Please also follow these guidelines when reviewing the galley proofs and highlight the changes on the manuscript:

- Please add or check all author(s) names and affiliations.
- Please use the proofs solely for checking the accuracy of the typesetting as well as the completeness and correctness of the text, tables, and figures
- Mark your corrections, in red ink, directly on the galley proofs. Make sure that your corrections are noticeable and easy to understand.
- Check all type on the galley proofs. Check the title, the abbreviations list, and the author–paper documentation paragraph.
- Check the table data against that in your original tables.
- Check any equations against those in your original manuscript. Make sure special characters have not dropped out.
- Check to be sure that figures are entirely legible, including any small-print text.
- If you find an error, look again at the lines around the error. Mistakes tend to cluster.
- Please check all references in both text and references list with APA 7th format.
- Pay close attention to deadlines; late submissions can delay publishing.

Note: If you are completely SATISFIED with the final proof, just inform the Editorial Office about your satisfaction via e-mail or via the online submission system. Only on the receipt of your final satisfaction opinion, The Editorial Office will send your article for final publication.

Editor

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[Revista de Psicología del Deporte](#)

## 1 attachment

 **Budi\_Purwoko\_GalleyProof.doc**  
263K

## [RPD] Galley Proof Acknowledgement

Inbox

**Editor** <editor@rpd-online.com>

Fri, Oct 7, 2022 at 20:16

To: Dr. Budi Purwoko <budipurwoko@unesa.ac.id>

[<editor@rpd-online.com>](mailto:editor@rpd-online.com)

Dr. Budi Purwoko:

Thank you for reviewing the galley proof of your manuscript, " Low Self-Esteem, Coping Stress, Emotional Regulation, and Coping Stress Significantly Increase Self-Injury in Students " to Revista de Psicología del Deporte (Journal of Sport Psychology).

We look forward to publishing this work of this work.

Editor

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